



MOOR ROW PRIMARY SCHOOL

WEEK 1

Freshly
made
every day!



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Pepperoni Pizza served with Rainbow Cous Cous and Mixed Salad	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Fruit Smoothie or Fresh Fruit or Yoghurt
Tuesday	Meatballs in Gravy served with Wholewheat Pasta and Garden Peas	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Iced Sponge Cake or Fresh Fruit or Yoghurt
Wednesday	Roast Chicken served with Yorkshire Pudding, Creamed Potatoes, Carrots, Broccoli and Gravy	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Chocolate Crunch or Fresh Fruit or Yoghurt
Thursday	Spaghetti Bolognese served with Garlic Bread Slices and Sweetcorn	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Iced Carrot Cake or Fresh Fruit or Yoghurt
Friday	Cod & Salmon Fishcake served with Chips, Garden Peas and Tomato Ketchup	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Raspberry Jelly with Peaches & Cream or Fresh Fruit or Yoghurt

Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.



MOOR ROW PRIMARY SCHOOL

WEEK 2

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DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Beef Burger in a Bun served with Pasta Twists and Vegetable Batons	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Jam Doughnut or Fresh Fruit or Yoghurt
Tuesday	Cheese & Tomato Pizza served with Rainbow Cous Cous and Mixed Salad	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Lemon Iced Sponge or Fresh Fruit or Yoghurt
Wednesday	Sliced Cooked Turkey served with Yorkshire Pudding, Roast Potatoes, Garden Pea & Carrot Medley and Gravy	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Vanilla & Raspberry Ice Cream Roll with Peaches or Fresh Fruit or Yoghurt
Thursday	Chicken Tikka Masala served with Rice, Naan Bread and Mixed Vegetables	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Anzac Biscuit or Fresh Fruit or Yoghurt
Friday	Fish Fingers served with Chips, Garden Pea & Carrot Medley and Tomato Ketchup	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Chocolate Brownie & 1/2 an Orange or Fresh Fruit or Yoghurt

Available Daily: Fresh Fruit and Bread!

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MOOR ROW PRIMARY SCHOOL

WEEK 3

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DAY

CHOICE 1

CHOICE 2

CHOICE 3

PUDDING

Monday

Ham & Cheese Pizza

served with Wholewheat Pasta and
Vegetable Batons

Soft Roll

filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato

filled with Cheese, Beans or
Tuna served with Mixed Salad

Apple Crumble & Custard

or
Fresh Fruit or Yoghurt

Tuesday

Chicken Korma

served with Rice, Naan Bread and
Sweetcorn

Soft Roll

filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato

filled with Cheese, Beans or
Tuna served with Mixed Salad

Chocolate Chip Cookie

or
Fresh Fruit or Yoghurt

Wednesday

Sliced Cooked Beef

served with Yorkshire Pudding,
Roast Potatoes, Garden Pea &
Carrot Medley and Gravy

Soft Roll

filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato

filled with Cheese, Beans or
Tuna served with Mixed Salad

Chocolate Ice Cream Roll with

Pineapple
or
Fresh Fruit or Yoghurt

Thursday

Pork Sausages

served with Creamed Potato,
Garden Peas and Gravy

Soft Roll

filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato

filled with Cheese, Beans or
Tuna served with Mixed Salad

Shortbread

or
Fresh Fruit or Yoghurt

Friday

Breaded White Fish Fillet

served with Chips, Garden Peas and
Tomato Ketchup

Soft Roll

filled with Cheese, Ham or Tuna
served with Mixed Salad

Oven Baked Jacket Potato

filled with Cheese, Beans or
Tuna served with Mixed Salad

Flapjack

or
Fresh Fruit or Yoghurt

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