

MOOR ROW SCHOOL NEWSLETTER

Friday 22nd October 2021

‘Learning for Life’



Sponsored Event

Lots of fun has been had across the school today with the children being involved in a variety of sponsored events. When we have collected the sponsorship money we will let you know the amount raised. Photos will be available on our school Facebook page.

Halloween Raffle:

Today the Halloween 1st prize raffle was won by Niall in Year 3 and the 2nd prize raffle was won by Jacob, also in Year 3. We hope they have lots of spooky fun with the prizes. The money raised will be contributing towards the payment of the cost of transport to the pantomime for Reception, KS1 and KS2 children. We will let you know shortly how much money was raised.

We are planning a Christmas raffle - so watch out for further information.

Curriculum Themed Week

Once a term at Moor Row Primary School we have a curriculum themed week. Our first event this year is to take place W/C 29th November. The focus for the week is ART/DT. Each class will be studying a different artist with a local connection and using the artist to stimulate work across the curriculum.

Homework

After half term we will be changing the focus and expectation of homework. The reason for this is because homework should not be a chore and we know that it can cause some stress in some households. Instead of the current homework expectation the new homework will be project based. Children will get to choose from activities set by the teacher linked to the class topics. Topic Related Homework will be set each half term. Homework will be celebrated in class at the end of each half term. Further details will follow to explain the homework when the first grids are sent home. Children will also be encouraged to continue reading.

DATES FOR YOUR DIARY

8th November – School Photos

8th & 9th November - Parents Meetings – online *details to follow*

10th November – Flu Vaccinations (excluding nursery children)

19th November – Non-Uniform Day for Children in Need

10th December – Pantomime at Civic Hall (excluding Nursery Children)

13th December – Yrs 3,4,5 & 6 Carol Service 6pm – *details to follow*

Date TBA – EYFS & Y1 & 2 Nativity Play – *details to follow*

Thursday 16th December – Last Day of Term

5th January – Return to school

10th January – 21st January – Year 5 & 6 swimming every day

Lunches

Can I take this opportunity to remind families how nutritious and wholesome our school dinners are - they have been planned to meet strict regulations. As well as being healthy meals they are also **delicious** with a hot and cold option. Lately, some children are bringing in packed lunches so I would like to remind parents / carers about what constitutes a healthy lunch box.



change 4 life

The NHS change4life website has some excellent ideas and recipes to make packed lunches nutritious and delicious. Here are a few tips:

- Keep them fuller for longer - Base the lunchbox on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.
- DIY lunches - Wraps and pots of fillings can be more exciting for kids when they get to put them together. Dipping foods are also fun and make a change from a sandwich each day.
- Cut back on fat- Pick lower fat sandwich fillings, such as lean meats (including chicken or turkey), fish (such as tuna or salmon), reduced-fat cream cheese, and reduced-fat hard cheese.
- Ever green - Always add salad to sandwiches – it all counts towards your child's 5 A Day.
- Always add veg - Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.
- Add bite-size fruit - Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.
- Go low fat and lower sugar - Go for low-fat and lower sugar yoghurt or fromage frais and add your own fruit.
- Variety is the spice of lunchboxes! - Be adventurous and get creative to mix up what goes in their lunchbox.

For further advice click on the link below

[Lunchbox Ideas | Recipes | Change4Life \(www.nhs.uk\)](#)

Ordering School Dinners

Can we politely remind parents/carers of children in KS2 who have a school dinner to cancel the dinner if your child is off school. If you do not cancel the dinner the kitchen staff still prepare the dinner and therefore you will still be charged.

We hope you enjoy the half term break next week.

Mrs J Beavis
Headteacher

Headteacher Awards



Congratulations to our winners of a Headteacher Award this week.



Jesse (EYFS)
Theo (Yr 1/2)
Jace (Yr 3/4)
TBA (Yr 5/6)

Reader of the Week Awards

Congratulations to our winners of the Reader of the Week Awards this week.

Please try and read with your children every day whenever possible and talking about the books with them is just as important.

Happy Reading!!

Reader of the Week
Elijah (Yr 1/2)
Chloe L (Yr 3/4)
TBA (Yr 5/6)



Writer of the Week Awards



Writer of the Week
Florence (Yr 1/2)
Jacob (Yr 3/4)
TBA (Yr 5/6)

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(The awards for years 5 & 6 will be announced on the first day back after half term.)

Safeguarding



Cumbria Safeguarding Children Partnership (CSCB) are available if you have concerns about the wellbeing of any child. More information can be found at www.cumbrialscb.com

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